

Post-Operative Instructions / Blepharoplasty:

Typical symptoms of eyelid surgery and signs to watch for include:

- Tightness in eyelid region and difficulty closing your eyes. Blurry vision, dry eye, burning, watery or itchy eyes. Bruising and swelling in the eyelid region. These are normal experiences as the skin, tissue and sensory nerves heal. Pain medication will help you cope with any discomfort. Consistent sharp pain should be reported to our office immediately.
- Asymmetry, the eyes look different, or heal differently. The eyes may look or feel quite different from one another in the days following surgery. This is normal; no two eyes in nature or following surgery are perfectly symmetrical.

CALL DR. GRACIA'S OFFICE IMMEDIATELY IF YOU EXPERIENCE ANY OF THE FOLLOWING.

A high fever, (over 101° degree) severe nausea and vomiting, continued dizziness or incoherent behavior, such as hallucinations.

Any pain that cannot be controlled by your pain medication.

Bright red skin is hot to the touch.

Excessive bleeding or fluid seeping through the incisions.

A severely misshapen eyelid or excessive bruising or fluid retention that is localized to one region.

To alleviate any discomfort, and to reduce swelling, you may apply cool (not cold) compresses to your eyes. Do not apply ice or anything frozen directly on the skin. Do not apply compresses to your cheeks. Soak soft plain white washcloths or gauze squares in ice water and wring out well. Apply directly to the eyelids, but do not apply any pressure. Apply cool compresses, for no longer than 20 minutes intervals.

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