

Post-Operative Instructions / Brow Lift:

Once your surgery is completed, you must follow all the instructions given to you in order to heal properly and have a good outcome.

The following instructions are your obligation. Use this as a checklist of progress as you heal. Included are normal post-surgical experiences and key health considerations that may be a cause of concern.

Typical post-operative symptoms

Typical symptoms of brow lift surgery and signs to watch for following brow lift surgery include the following.

- **Tightness in the scalp, forehead and brow: bruising and swelling in the eyelid region:** These are normal experiences as the skin, tissue and sensory nerves heal. Pain medication will help you cope with any discomfort. Consistent sharp pain should be reported to our office immediately.
- **Asymmetry:** the brows look different, or heal differently. The brows may look or feel quite different from one another in the days following surgery. This is normal; no face in nature or following surgery is perfectly symmetrical.

CALL DR. GRACIA'S OFFICE IMMEDIATELY IF YOU EXPERIENCE ANY OF THE FOLLOWING.

- 1. A high fever, (over 101 degrees) severe nausea and vomiting, continued dizziness or incoherent behavior, such as hallucinations.**
- 1. Any pain that cannot be controlled by your pain medications.**
- 1. Bright red skin that is hot to the touch.**
- 1. Excessive bleeding or fluid seeping through the incisions.**
- 1. A severely misshapen eyelid or excessive bruising or fluid retention that is localized to one region.**

To alleviate any discomfort, and to reduce swelling, you may apply cool (not cold) compresses to your scalp forehead and brows. Do not apply ice or anything frozen directly on the skin. Soak soft plain white washcloths or gauze squares in ice water and wring out well. Apply directly to the forehead, brow and eyes, but do not apply any pressure. Apply cool compresses for no longer than 20 minutes intervals.

Compression:

You may be placed in a compression garment or wrap immediately following surgery. Wear this exactly as directed. Call our office for more information regarding this matter.

Walter D. Gracia, MD, PA
BOARD CERTIFIED
(817) 331-8450
graciaplastics@tulleon.com